

! Only suitable for ages 13 and over. Anyone under 18 must be accompanied by an adult.



**ULTIMATE PROTECTION,
ULTIMATE PERFORMANCE**

**PLEASE
FIND
ENCLOSED:**

- Impression trays
- 1 x white putty
- 1 x blue putty
- 1 x Sealable impression return bag
- 1 x Sealable postage bag



PLEASE NOTE:

THIS IMPRESSION KIT IS UNSUITABLE FOR:

- Those who have **bridgework**
- Those who are undergoing **fixed orthodontic treatment**
- Those who have a **very loose tooth.**
It is advisable to delay taking impressions until the loose tooth is no longer present



PLEASE READ ALL THE INSTRUCTIONS BEFORE TAKING IMPRESSIONS

INSTRUCTIONS FOR USE: *It may be easier if you have a stopwatch and mirror available.*

STEP 1

Choose an impression tray which is the most comfortable and the best fit for you.

The impression tray goes in your upper mouth with the handle under your nose.

STEP 2

Refrigerate putties for 30 - 45 minutes.

STEP 3

Take the white putty and the blue putty and mix them together until they are one colour. Do not mix the same colour putty together as it will not set around your teeth.

PLEASE NOTE - This MUST NOT take longer than 15 seconds. To avoid premature setting, proceed straight to step 4.



STEP 4



Quickly roll into a sausage shape and place evenly in a 'U' shape in the tray.

PLEASE NOTE - The 'U' shape putty should fill the top of the impression tray, as illustrated in the picture to the left.

STEP 5



Immediately place loaded tray in your mouth with the handle under your nose. Press firmly upwards with your thumbs straight through the putty making sure that the putty covers all your teeth and gums. **YOU MUST NOT BITE DOWN.**

PLEASE NOTE - Make sure upper lip is over the tray.

STEP 6

Hold the tray in place with your thumbs for 2 1/2 minutes. Please do not try talking at this time.

STEP 7



Carefully remove tray from mouth, rinse with cold water and place into sealable impression return bag.

PLEASE NOTE - Don't forget to write your name in CAPITAL LETTERS on the impression return bag.

STEP 8



Place all parts of the impression kit back into the package and place into the sealable postage bag.

Your personal mouthguard will be despatched within 7 working days of it arriving to the dental laboratory.

